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INTERNATIONAL SOCIETY FOR INFECTIOUS DISEASES

Different Models of Antibiotic Stewardship in Low- and Middle-Income Countries

Non-specialist Pharmacists as Stevents Stewardship Champions

Dr Dena van den Bergh South African Antibiotic Stewardship Programme (SAASP) University of Cape Town, Dept of Medicine, Division of ID and HIV medicine



No conflict of interests to declare

Human resources estimates and funding for antibiotic stewardship teams are urgently needed* Antibiotic stewardship programmes should ideally be led by multidisciplinary professionals with specialist training in antibiotics and infectious diseases* Adequate resources to constitute these teams remain a challenge for effective change, especially in low-and middleincome countries(LMICs).



* Pulcini C, et al., Human resources estimates and funding for antibiotic stewardship teams are urgently needed. Clinical Microbiology and Infection (2017), http://dx.doi.org/10.1016/j.cmi.2017.07.013

Three multi-center antimicrobial stewardship initiatives led by non-specialist pharmacists

AMS IMPLEMENTATION STUDY - 47 HOSPITALS

- QI model breakthrough series
- Pharmacist allocated time
- 116 662 patients reviewed, 7934 interventions,
- 104 weeks standardised measurement & feedback
- 18,1% reduction in antibiotic use



PHARMACIST-NURSE AMS COLLABORATION AB TIMELINESS - 33 HOSPITALS

- 32,985 patients who received IVI antibiotics assessed for hang-time compliance with first doses of new antibiotic orders over 60-weeks.
- "hang-time" compliance to protocol improved from 41.2% to 78.4%

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PERI-OPERATIVE ANTIBIOTIC PROPHYLAXIS 34 HOSPITALS

- Pharmacist-driven,
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Antibiotic Resistance: waking up to the growing crisis

WHO urges countries to take measures to combat antimicrobial resistance

WHO media release Aug 2010

Wake up, South Africa! The antibiotic 'horse' has bolted

S Afr Med J 2012

EDITORIAL

Wake up, South Africa! The antibiotic 'horse' has bolted

Decades of poor medical and veterinary antibiotic prescribing and a lack of regard for the practice of infection prevention and control (IPC) in our hospitals have left South Africa, like the rest of the international community, on the brink of a return to an era of untreatable bacterial infection. The recent emergence in South Africa of bacteria carrying the highly mobile New Delhi metallo-βlactamase-1 (NDM-1) gene,¹ which has been associated with rapid spread of carbapenem-resistant Enterobacteriaceae (CRE), and, for the first time in Africa, *Klebsiella pneumoniae* carbapenemases (KPCs),² will have a profound effect on the lives of our patients and on the health service. The acquisition of drug-resistant hospitalacquired infections (HAIs) increases morbidity, mortality and the cost of natient management to an already beleasuered health system future in terms of IPC. The changes that need to be put in place are simple. They do not require complex systems or costly financial interventions. There are few unknowns in the field, and research and clinical findings from other countries are equally relevant in our setting. Each healthcare institution in this country must have administrative and environmental policies in place to enable them to correctly identify and isolate patients with MDR bacterial infections and must provide running water, soap and hand disinfectants as well as the personal protective equipment required to ensure standard precautions against spread. The adoption of evidence-based, simple bundles of care designed by the Best Care ... Always! campaign^{8,in} simplifies the practice of IPC in the ICU and ward setting, and their adoption nationally would be another milestone for chance.



1 in 7 patients who enter SA Hospitals are at risk for developing an HAI Brink A et al., SAMJ 2006; 96(7)





Global spread of KPC-producing bacteria



Limited data on antibiotic prescribing in South African intensive care units



Table 1. Antibiotic prescription in South African intensive care units Public Private All (n(%))(n(%))(n(%))Patients 85 (34.3) 163 (65.7) 248 Antibiotics 62 (72.9) 120 (73.6) 182 (73.4) prescribed Inappropriate 27 (43.5) 73 (60.8) 100 (54.9) empiric antibiotic De-escalation 9/27 (33.3) 12/61 (19.7) 21/88 (23.9) practised Inappropriate 33 (53.2) 98 (81.6) 131 (72.0) duration of antibiotics



There are no prizes for predicting the rain Only for building an Ark

Understanding the current system

The greatest challenge is not so much that we don't know 'what' needs to be done, but more and more leaders and healthcare professional are seeking better ways in which to understand 'how' to do it.

How to do it "always" for every patient.

How to do it collectively do we make a bigger impact.

"Every system is perfectly designed to achieve exactly the results it gets"

"All improvement needs a change Not all change is an improvement"

Paul B. Batalden, MD, Professor of Pediatrics, of Community and Family Medicine, Dartmouth Institute for Health Policy and Clinical Practice at The Dartmouth Medical School

Model for Improvement



Breakthrough Series: QI collaborative method







more) allowed time, according to the size of the hospital, to conduct audit rounds of patients on antibiotics



"Protected" stewardship time using

existing pharmacist resources (one or

Standardized change ideas - weekly & monthly measurement tool for each



Developing a tool to standardise antibiotic stewardship (ABS) data collection in order to measure the impact of implementing an ABS programme across multiple private hospitals in South Africa

Stephanou, AP ¹, Van Den Bergh D ², Gokool V ³, Chengadoo A ⁴. ¹ Antibiotic Stewardship Project Manager, ² Director: Quality Leadership, ³ General Manager- Pharmacy, ⁴ Manager: Quality Leadership, Netcare Limited, Johannesburg, South Africa

Introduction

As health care providers we are mindful of the fact that internationally, as well as in South Africa, there is a risk of returning to the pre-antibiotic era. Excessive and inappropriate antibiotic prescribing is ever more recognised as a critical contributor to the increase in multi-drug resistant organisms in hospitals worldwide ^[1]. Netcare (Ltd), a private healthcare provider that owns 55 hospitals in South Africa, took a decision to implement the practice of antibiotic stewardship by launching its own pharmacist

- *1 Cultures not done prior to commencement of empiric antibiotics*
- 2 More than 7-days of antibiotic treatment
- *3* More than 14-days of antibiotic treatment
- 4 More than 4 antibiotics at the same time
- 5 **Double redundant antibiotic cover**







Results

There was a significant decrease in both antibiotic usage and cost since the implementation of the chart, when comparing DDD per 100 bed days (p=0.00015) and cost per 100 bed days (p=0.0091).



Longitudinal run charts over time – track overall and individual hospital trends and shift



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Antimicrobial stewardship across 47 South African hospitals: 🕢 🦒 🕕 an implementation study

Adrian J Brink, Angeliki P Messina, Charles Feldman, Guy A Richards, Piet J Becker, Debra A Goff, Karri A Bauer, Dilip Nathwani Dena van den Bergh, on behalf of the Netcare Antimicrobial Stewardship Study Alliance*

Summary

More detail is available in the appendix

Background The available data on antimicrobial stewardship programmes in Africa are scarce. The aims of this study Lancet Infect Dis 2016; were to assess the implementation of an antimicrobial stewardship programme in a setting with limited infectious 16:1017-25 disease resources.

Published Online June 13, 2016 http://dx.doi.org/10.1016/ 51473-3099(16)30012-3 See Comment page 982

*Netcare Antimicrobial

Methods We implemented a pharmacist-driven, prospective audit and feedback strategy for antimicrobial stewardship on the basis of a range of improvement science and behavioural principles across a diverse group of urban and rural private hospitals in South Africa. The study had a pre-implementation phase, during which a survey of baseline stewardship activities was done. Thereafter, a stepwise implementation phase was initiated directed towards auditing Stewardship Study Alliance process measures to reduce consumption of antibiotics (prolonged duration, multiple antibiotics, and redundant members are given in the antibiotic coverage), followed by a post-implementation phase once the model was embedded in each hospital. The appendix effect on consumption was assessed with the WHO index of defined daily doses per 100 patient-days, and the primary outcome (change in antibiotic consumption between phases) was assessed with a linear mixed-effects regression model.

Ampath National Laborator Services, Milpark Hospital, Johannesburg, South Africa (A J Brink MD); Department of **Quality Leadership, Netcare** Hospitals, Johannesburg, South Africa (A P Messina BPharm, D van den Bergh PhD); Faculty of Health Sciences, University of the Witwatersrand and **Charlotte Maxeke** Johannesburg Academic Hospital, Johannesburg, South Africa (Prof C Feldman DSC, Prof G A Richards PhD); Research Office, Faculty of Health Sciences, University of Pretoria, Pretoria. South Africa



Figure 2: Longitudinal exhort survey of mean antibiotic consumption for three phases of the Netcare antimicrobial stewardship mode The entire study took place between Oct 10, 2009, and Sept 30, 2014, in 47 hospitals. Mean antibiotic consumption is measured in defined daily doses (DDDc) per 100 patient days

No cultures done before empirical treatment.

---- Ouration of antibiotics more than 7 days



Refining the model - Essential steps in collaborative change



Early Adopters – testing new ideas and learning from 'failure'







2. PHARMACIST-NURSE AMS COLLABORATION AB TIMELINESS - 33 HOSPITALS

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Infect Dis Ther (2015) 4 (Suppl 1):S5-S14



Fig. 2 Weekly antimicrobial hang-time compliance from 32,985 patients reviewed

lafest Dis Ther (2015) 4 (Suppl.1):\$5-\$14 DOI 10.1007640121-015-0002-x



ORIGINAL RESEARCH

Antimicrobial Stewardship with Pharmacist Intervention Improves Timeliness of Antimicrobials Across Thirty-three Hospitals in South Africa

Angeliki P. Messina - Dena vari den Bergh - Debra A. Goff

To view enhanced content go to www.infectionsdiseases-open.com Received: June 12, 2015 / Pathished online: September 11, 2015 6 The Authority 2015. This article is published with open access at Springerlink.com

ABSTRACT

Introduction: Ensuring timely administration of antimicrobials is critical in the management of patients with infections. Mortality increases by 7.6% for every hour of delay in the administration of antimicrobial therapy in patients with sepsis. The time elapsed from the written antibiotic order to actual intravenous administration or 'hang-time' can often be several hours due to logistics within the hospital. Our purpose is to evaluate the change in compliance with administering antimicrobials within an hour of prescription after implementation of a national antibiotic stewardship pharmacist-driven hang-time process improvement protocol.

Methods: This was a prospective multicenter study in 33 South African hospitals from 1 July 2013–30 August 2014. Two pilot sites established the mechanism for noninfectious

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D. A. Goff (13)

Department of Pharmacy, The Ohio State University Wexner Medical Center, Columbus, OH, USA e-mail: Debbie.goff@osumc.edu disease pharmacists to make interventions and document hang-time data. Following this, a hang-time compliance assessment was initiated using the tools of healthcare improvement spread methodology. This consisted of five stages and an implementation toolkit was developed. The pharmacist study coordinator was responsible for implementation, the development of an implementation toolkit and real-time coordination of data with monthly feedback to all sites.

Results: A total of 32,985 patients who received intravenous antibiotics were assessed for hang-time compliance with first doses of new antibiotic orders. Over the 60-week period, 21,069 patients received antibiotics within an hour following prescription and were assessed as hang-time compliant. The change improvement 0 hang-time compliance following implementation of pharmacist-driven hang-time process Improvement protocol was 41.296 pre-intervention week 1 (164/398) to 78.4% post-intervention week 60 (480/612; P < 0.0001). Pharmacists reviewed and evaluated twice as many patients during the final 4 weeks (1680) compared to the first 4 weeks (834; P < 0.0001).

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Journal of Antimicrobial Chemotherapy

From guidelines to practice: a pharmacist-driven prospective audit and feedback improvement model for peri-operative antibiotic prophylaxis in 34 South African hospitals

Adrian J. Brink^{1,2}*, Angeliki P. Messina³, Charles Feldman⁴, Guy A. Richards⁴, and Dena van den Bergh³ on behalf of the Netcare Antimicrobial Stewardship Study Alliance

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champion

Person who voluntarily takes extraordinary interest in the adoption, implementation and success of a cause, program or project.

Also called a change advocate, change agent or idea champion.

Participating pharmacists: Share progress at professional conferences



"Every company, organization or group with the ability to drive change starts with a person or small group of people who were inspired to do something bigger than themselves." – Simon Sinek



Part of a larger context



IMPLEMENTATION PLAN FOR THE ANTIMICROBIAL RESISTANCE STRATEGY FRAMEWORK IN SOUTH AFRICA: 2014–2019



Strategic objectives	Governance National Intersectoral Ministerial Advisory Committee Health Establishment and District Antimicrobial Stewardship committees and teams					
	Diagnostic Stewardship • Appropriate selection of microbial investigations and specimens • Accuracy and timely testing by	Surveillance National surveillance system for animal and human health for— • Resistant bacteria • Antimicrobial usage • Medication error reporting structures	Prevention Control Infection prevention and control activities in health facilities	Antimicrobial Stewardship (AMS)–Policies and Guidelines: • Formulary restrictions • Pre-authorisation • Antimicrobial prescription forms • National prescribing quidelines		
	 Accurate and timely reporting of results 		Immunisation against preventable infections	 AMS-at point-of-care: Diagnosis of infection Appropriate antibiotic choice Dose optimization, descalation and discontinuation 		
	Legislative and policy reform for health systems strengthening Ensure access to quality antimicrobials					

- · Control of use and prescribing of antimicrobials in animal and human health
- Minimum standards and norms for health care quality systems and process (National Core Standards)

Education

enablers

Strategic

- Incorporate AMR strategies into medical, nursing and allied health student curricula
- AMR/AMS CPD programmes for health care professions

Communication

- Sustained public health campaigns on prevention of spread of diseases and social determinants of disease management
- Public awareness of appropriate antibiotic use
- Patient advocacy as part of a patient-centered care approach

Research

Infection Prevention and Control (IPC), AMS interventions, diagnostics

Figure 1. Strategic framework for the AMR national strategy

PUBLIC-PRIVATE PHARMACIST COLLABORATIVE CAP STUDY



South African guideline for the management of communityacquired pneumonia in adults

Tom H. Boyles¹, Adrian Brink^{1,2}, Greg L. Calligaro³, Cheryl Cohen^{4,5}, Keertan Dheda³, Gary Maartens⁶, Guy A. Richards⁷, Richard van Zyl Smit³, Clifford Smith⁸, Sean Wasserman¹, Andrew C. Whitelaw^{9,10}, Charles Feldman¹¹; South African Thoracic Society, Federation of Infectious Diseases Societies of Southern Africa



PARTICIPATING PHARMACISTS



	Private	Public	TOTAL
Dip Pharm		1	1
BPharm	27	14	41
Masters	6	2	8
Total	33	16	50



Harnessing the power of the collective Breakthrough Series: QI method for accelerating spread and impact



Accelerating change "together": creating a learning network

- Learn from each other so we can make a bigger impact faster
- Input of skills, tools and reflective learning
- Identify common challenges and opportunities that we can work on together
- Motivate and support each other to succeed
- Stretch the boundaries of what is possible

What we also learnt

- Collaboration is not a passive process of sharing ideas and attending events
- Needs strong leadership and a tightly held container that drives movement and tracks impact
- Progress is not "we are having a meeting"
- Strength of being part of something bigger
- o Connecting to a significant "WHY"

No-one wants to do your project but they do want to contribute to a problem that they agree needs to be solved





"Small" optimizations over time versus one imagined aha! moment



In a complex system, the cumulative effect of a large number of small optimizations is often indistinguishable from a radical leap. Keith Adams <u>http://rev.vu/I3RO8</u> 53 telephonic and face to face learning sessions including 18 face-to-face regional workshops

Over 2 years of standardized measurement, 116 662 patients on antibiotics were reviewed, with 7934 interventions recorded

24 % of patients that were audited were in ICU and high care and 76% in wards

Building an AMS Programme for high impact

John Kotter: "Accelerate!"

- We won't create big change through hierarchy on its own
- We need hierarchy AND network
- Many change agents, not just the usual few
- Changing our mindset
 - From "have to" to "want to"
- · Head and heart, not just head

Source of image:www.slideshare.net/m exican.wave/champions-trolls-10-years-of-the-cipd-onlinecommunity





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Next steps - more work on behavioural aspects



2013 study to assess contrasting approaches: **Negative Emotional Attractor** (NEA) – vs **Positive Emotional Attractor** (PEA)

focussing attention on possibilities and dreams were shown to enhance behavioural change and increased the likelihood of achieving what was hoped for.





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